

**AUTHORIZATION TO RELEASE & EXCHANGE INFORMATION**  
**To Insurance Company**

I, (individual's name) \_\_\_\_\_, hereby authorize the clinicians & staff of Kira Stein, MD, APC to **share the following information** with (name of person or entity) \_\_\_\_\_, who is an insurance company and/or the representative/copier of an insurance company and who can be reached at

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

FAX: \_\_\_\_\_ Full Street Address: \_\_\_\_\_:

- Any and all of my health information that Kira Stein, MD APC has in their possession, including information relating to any medical history, mental or physical condition and any treatment received by me, including without limitation, x-rays, HIV/AIDS status, genetic testing, other lab reports, and other mental health information (excluding psychotherapy notes unless separately authorized), drug, alcohol or other controlled substance information, billing information, correspondence, psycho-diagnostic test reports, and communications from my other health care providers that Kira Stein, MD APC may hold.
- Any and all of my health information described above except for the following:  
\_\_\_\_\_
- Only the following records or types of health information (please give details): \_\_\_\_\_

**CHOOSE ONLY ONE**

1. The purpose of such disclosure is for use in connection with **my insurance application**. The information and records released pursuant to this consent will not be used for any other purpose.
2. I understand that there is a risk that the person or entity receiving information or documents from Kira Stein, MD APC pursuant to this authorization may re-disclose the information and documents in a manner, which will no longer provide protection for the information and documents.
3. I understand that I may refuse to sign or may choose to revoke (at any time) this Authorization for any reason and that such refusal or revocation will not affect the commencement, continuation or quality of my treatment at Kira Stein, MD APC.
4. If I choose to revoke this Authorization in the future, the revocation will be effective immediately upon Kira Stein, MD APC receipt of my written notice, except that the revocation will not have any effect on any action taken by Kira Stein MD, APC in reliance on this Authorization before Kira Stein, MD APC received my written notice of revocation.
5. I understand that I may receive a copy of this authorization.
6. I understand that this release automatically expires one (1) year from today's date, **unless** I authorize the following expiration date here:  
\_\_\_\_\_.

*A scan, photocopy or facsimile of this signature is as valid as the original.*

_____	_____	_____
Authorizing Individual's Name (printed)	Authorizing Individual's Signature	Date Signed

_____	_____	_____
Authorizing Individual's Phone Number	Authorizing Individual's email	Date of Birth

\_\_\_\_\_  
Authorizing Individual's Mailing Address (number, street, Apt#, City, State, Zip)